

The Positive Caregiving Checklist

Date: _____ **Set Amount of Time:** (For example, 30 minutes) _____

How Often Does the Caregiver...

How Often?

Rating:

- 1 = Hardly any of the time
 2 = Some of the time
 3 = A fair amount of the time
 4 = A lot of the time

Total

Show a positive attitude—Is the caregiver generally happy and encouraging in manner? Is he or she helpful and upbeat? Does the caregiver smile often at the child?

Have positive physical contact—Does the caregiver hug the child, pat the child on the back, or hold the child's hand? Does the caregiver comfort the child?

Respond to Vocalizations—Does the caregiver repeat the child's words, comment on what the child says or tries to say, or answer the child's questions?

Ask Questions—Does the caregiver encourage the child to talk by asking questions that the child can answer easily, such as "yes" or "no" questions, or asking about a family member or toy?

Talk in other ways

[**Praising or encouraging**—Does the caregiver respond to the child's positive actions with positive words, such as "You did it!" or "Well done!"?

[**Teaching**—Does the caregiver encourage the child to learn or have the child repeat learning phrases, such as saying the alphabet out loud, counting to 10, naming shapes or objects? For older children, does the caregiver explain what words or names mean?

[**Telling and singing**—Does the caregiver tell stories, describe objects, or sing songs?

Encourage development—Does the caregiver help the child to stand up and walk? Does the caregiver encourage tummy time activities with the child? For older children, does the caregiver help finish puzzles, stack blocks, or zip zippers?

Advance behavior—Does the caregiver encourage the child to smile, laugh, and play with other children? Does the caregiver support sharing between the child and other children? Does the caregiver give examples of good behaviors?

Read—Does the caregiver read books and stories to the child? Does the caregiver let the child touch the book and turn the page? For older children, does the caregiver point to pictures and words on the page?

Eliminate negative interactions—Does the caregiver make sure to be positive, not negative, in the interactions with the child?

Overall Total:
